

CHESTER COUNTY MIDDLE SCHOOL MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, APRIL 9, 2012

BREAKFAST

Sausage & Biscuit/Gravy or Cereal Choice

Juice choice & Milk Choice

LUNCH

Chicken Strips or Manager's Choice

½ cup Mashed Potatoes – ½ Cup Green Beans

Hot Rolls

½ Cup Pineapple Chunks or Fresh Fruit Choice

Cold Milk Choice

TUESDAY, APRIL 10, 2012

BREAKFAST

Chicken & Biscuit/Jelly or Cereal Choice

Juice Choice & Milk Choice

LUNCH

Chicken Fajita/ Shell or Ham and Cheese Sandwich

½ cup Fiesta Rice – ½ cup Brown Beans – ½ Cup Corn

Fajita Trimmings

½ Cup Mandarin Oranges or Fresh Fruit Choice

Cold Milk Choice

WEDNESDAY, APRIL 11, 2012

BREAKFAST

Breakfast Pizza or Cereal Choice/French Twist

Juice Choice & Milk Choice

LUNCH

Barbeque /Bun or Cheeseburger/Bun

Bag of Chips – ½ cup Baked Beans – ¼ Cup Slaw/Trimmings

½ cup Strawberries or Fresh Fruit Choice

4 oz. Pudding Cup/Vanilla Wafers/White Top Hat

Cold Milk Choice

THURSDAY, APRIL 12, 2012

BREAKFAST

Bacon, Egg, Cheese, Toast or Cereal Choice

Juice Choice & Milk Choice

LUNCH

Fish Scroodles or Hotdog/Bun

¾ Macaroni & Cheese – ½ Cup White Beans & Ham - ½ Cup Creamy Cole Slaw

Cornbread

½ Cup Peaches or Fresh Fruit Choice

Cold Milk Choice

FRIDAY, APRIL 13, 2012

BREAKFAST

(3) French Toast Sticks/Syrup or Cereal Choice & (2) French Toast Sticks

Juice Choice & Milk Choice

LUNCH

Pizza or Tuna Salad Sandwich

½ cup Tater Tots – ½ cup Broccoli/Cheese

½ Cup Canned Fruit or Fresh Fruit Choice

Cold Milk Choice

MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice).

Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

CHESTER COUNTY MIDDLE SCHOOL MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, APRIL 16, 2012

BREAKFAST

Bacon, Eggs, Toast & Jelly – Cereal Choice
Juice Choice & Milk Choice

LUNCH

Chicken Rings or Pizza Pocket
½ Cup Mashed Potatoes – ½ Cup Green Peas - ½ Cup Baked Apples
Hot Rolls
½ cup Pineapple or Fresh Fruit Choice
Cold Milk Choice

TUESDAY, APRIL 17, 2012

BREAKFAST

Chicken & Biscuit/Jelly or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Manager's Choice

WEDNESDAY, APRIL 18, 2012

BREAKFAST

Breakfast Bites/Syrup or Cereal Choice & French Twist
Juice Choice & Milk Choice

LUNCH

Taco Soup/Tortilla Scoops – Hotdog/bun
4 oz. Baked Fries – ½ Cup Corn – 2 oz. Baby Carrots/Ranch Dressing/Pickle Spears
Orange Wedges or Canned Fruit Choice
Cold Milk Choice

THURSDAY, APRIL 19, 2012

BREAKFAST

Breakfast Pizza or Cereal Choice & Muffin
Juice Choice & Milk Choice

LUNCH

Spaghetti/Meat Sauce - Hot Ham & Cheese/Bun
½ Cup Seasoned Diced Potatoes – ½ Cup Green Beans – ¼ Cup Coleslaw
Bosco Sticks
½ Cup Canned Fruit or Fresh Fruit Choice
Cold Milk Choice

FRIDAY, APRIL 20, 2012

BREAKFAST

Sausage/Gravy & Biscuit/Jelly or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Pizza or Manager's Choice
4 oz. Baked Seasoned Fries – ½ Cup Broccoli/Cheese
½ Pear/ Cherry on top/Grated Cheese or Fresh Fruit Choice
Cold Milk Choice

MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

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CHESTER COUNTY MIDDLE SCHOOL MENUS

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MONDAY, APRIL 23, 2012

BREAKFAST

3 Chicken Nuggets & 4 Mini Pancakes/Syrup – Cereal
Juice Choice – Milk Choice

LUNCH

Popcorn Chicken – Mini Corndog
¾ Cup Macaroni & Cheese – ½ Cup Green Beans – ¾ Cup Baked Breaded Okra
Whole Grain Rolls
½ Cup Canned Fruit or Fresh Fruit Choice
Cold Milk Choice

TUESDAY, APRIL 24, 2012

BREAKFAST

Sausage & Biscuit or Cereal/Poptart
Juice Choice – Milk Choice

LUNCH

Lasagna/Meat Sauce – Turkey & Cheese Sandwich
½ Cup Tiny Whole Potatoes – ½ Cup Brown Beans
Hot Roll
½ Cup Canned Fruit or Fresh Fruit Choice
Cold Milk Choice

WEDNESDAY, APRIL 25, 2012

BREAKFAST

Manager's Choice

Juice Choice – Milk Choice

LUNCH

Cheeseburger/Bun or Manager's Choice
½ Cup Baked Beans – 4 oz. Baked Fries – Cheeseburger Trimmings
½ Cup Canned Fruit Choice or Fresh Fruit Choice
Cold Milk Choice

THURSDAY, APRIL 26, 2012

BREAKFAST

Chicken & Biscuit or Cereal
Juice Choice – Milk Choice

LUNCH

Pizza – Tuna Salad Sandwich
Baked Batter Bites – ½ Cup Lima Beans
½ Cup Canned Fruit Choice or Fresh Fruit Choice
Cold Milk Choice

FRIDAY, APRIL 27, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

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CHESTER COUNTY MIDDLE SCHOOL MENUS

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MONDAY, APRIL 30, 2012

BREAKFAST

Chicken Patty/Biscuit/Jelly - Cereal

Juice Choice & Milk Choice

LUNCH

Chicken Nuggets or Country Fried Steak

½ Cup Mashed Potatoes – ½ Cup Green Peas – ½ Cup Baked Apples

Hot Rolls

½ Cup Peaches

Cold Milk Choice

TUESDAY, MAY 1, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 2, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

THURSDAY, MAY 3, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, MAY 4, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

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CHESTER COUNTY MIDDLE SCHOOL MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, MAY 7, 2012

BREAKFAST

Manager's Choice

Juice choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 8, 2012

BREAKFAST

Manager's Choice

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 9, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

THURSDAY, MAY 10, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, MAY 11, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

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CHESTER COUNTY MIDDLE SCHOOL MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, MAY 14, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 15, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 16, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE



MEAT – 2 oz. Serving – FRUIT & VEGETABLES – ½ Cup Serving – BREAD – 2 Servings – MILK – 8oz.

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