

CHESTER COUNTY JUNIOR HIGH SCHOOL MENUS

THESE ITEMS ARE SERVED AND OFFERED AS PART OF THE LUNCH MENU DAILY

½ cup Canned Fruit or Fresh Fruit Choice
Cereal Offered Daily
Cold Milk Choice

MONDAY, APRIL 9, 2012

BREAKFAST

Chicken & Biscuit/Jelly or Cereal Choice & Toast/Jelly
Juice Choice & Milk Choice

LUNCH

Baked Chicken Patties/Bun or Chili Cheese Wrap
4 oz. Baked Fries – ½ Cup Baked Beans – ¾ Cup Baked Okra

TUESDAY, APRIL 10, 2012

BREAKFAST

Breakfast Bites/Syrup or Cereal/Cinnamon Toast
Juice Choice & Milk Choice

LUNCH

Baked Lemon Pepper Chicken – Manager's Choice
½ Cup Mashed Potatoes – ½ Cup Green Peas
Whole Grain Rolls

WEDNESDAY, APRIL 11, 2012

BREAKFAST

Sausage & Biscuit/Gravy or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Manager's Choice

THURSDAY, APRIL 12, 2012

BREAKFAST

(4) Mini Pancakes/Syrup & (3) Chicken Nuggets or Cereal Choice & (4) Mini Pancakes/Syrup
Juice Choice & Milk Choice

LUNCH

Beef Taco Pie or Managers Choice
½ Cup Fiesta Rice – ½ Cup Brown Beans – ½ Cup Baked Apples
Whole Grain Rolls

FRIDAY, APRIL 13, 2012

BREAKFAST

Bacon, Egg, Cheese, Toast/Jelly or Cereal Choice/Toast/Jelly
Juice Choice & Milk Choice

LUNCH

Pizza or Barbeque/Bun
½ Baked Potato/Butter & Sour Cream – ½ Cup Broccoli/Cheese – Salad Bar

Meat – 2 oz. Servings – Vegetables & Fruit – ¾ Cup Servings – Bread – 2 Servings – Milk – 8 oz. Servings

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

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THESE ITEMS ARE SERVED AND OFFERED AS PART OF THE LUNCH MENU DAILY

½ cup Canned Fruit or Fresh Fruit Choice

Cereal Offered Daily

Cold Milk Choice

MONDAY, APRIL 16, 2012

BREAKFAST

Mini Pancakes/Syrup or Cereal & Toast/Jelly

Juice Choice & Milk Choice

LUNCH

Chicken Rings or Warm Philly Steak & Cheese Sub/ Steamed Peppers & Onions On the side

½ Cup Mashed Potatoes – ½ Cup Green Peas – Salad Bar

Whole Grain Hot Rolls

TUESDAY, APRIL 17, 2012

BREAKFAST

Breakfast Pizza or Cereal Choice & Poptart

Juice Choice & Milk Choice

LUNCH

Spaghetti/Meat Sauce or Turkey & Cheese Wrap

½ Cup Glazed Sweet Potatoes – ½ Cup Green Beans – ½ Cup Slaw - Salad Bar

Texas Toast

WEDNESDAY, APRIL 18, 2012

BREAKFAST

Sausage & Biscuit/Gravy or Cereal Choice

Juice Choice or Milk Choice

LUNCH

Chicken Fajita/Shell or Managers

½ Cup Fiesta Rice – ½ Cup Pinto Beans – ½ Cup Baked Apples - Salad Bar/Trimings

THURSDAY, APRIL 19, 2012

BREAKFAST

Breakfast Bites/Syrup or Cereal Choice & Poptart

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, APRIL 20, 2012

BREAKFAST

(3)Chicken Nuggets & Biscuit or Cereal Choice

Juice Choice & Milk Choice

LUNCH

Pizza or Tuna Salad Plates

½ Cup Lima Beans – 4 oz. Baked Potato Wedges – ½ Cup Glazed Carrots

Salad Bar

Meat – 2 oz. Servings – Vegetables & Fruit – ¾ Cup Servings – Bread – 2 Servings – Milk – 8 oz. Servings

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THESE ITEMS WILL BE OFFERED AS PART OF THE LUNCH MENU DAILY

½ cup Canned Fruit or Fresh Fruit Choice
Cereal Offered Daily
Cold Milk Choice

MONDAY, APRIL 23, 2012

Sausage & Biscuit or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Chicken Nuggets or Managers Choice
½ Cup Mashed Potatoes – ½ Cup Green Beans - ½ Cup Steamed Seasoned Squash - Salad Bar
Hot Roll

TUESDAY, APRIL 24, 2012

BREAKFAST

BREAKFAST

Breakfast Pizza or Cereal & Poptart
Juice Choice & Milk Choice

LUNCH

Taco Soup/Tortilla Scoops or Corndog
½ Cup Corn - ½ Cup French Fries - Baby Carrots & Pickle Spears – Salad Bar
Shredded Cheese Cup
1 oz. Cookies

WEDNESDAY, APRIL 25, 2012

BREAKFAST

Chicken & Biscuit or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Cheeseburger/Bun or Ham and Cheese Sandwich
½ Cup Baked Beans – 4 oz. Baked Fries

THURSDAY, APRIL 26, 2012

BREAKFAST

Breakfast Bites/Syrup or Cereal & Toast
Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, APRIL 27, 2012

BREAKFAST

MANAGER'S CHOICE

Juice choice & Milk Choice

LUNCH

MANAGER'S CHOICE

Meat – 2 oz. Servings – Vegetables & Fruit – ¾ Cup Servings – Bread – 2 Servings – Milk – 8 oz. Servings

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THESE ITEMS ARE SERVED AND OFFERED DAILY AS PART OF THE LUNCH MENU

½ cup Canned Fruit or Fresh Fruit Choice
Cereal Offered Daily
Cold Milk Choice

MONDAY, APRIL 30, 2012

BREAKFAST

MANAGER'S CHOICE

Juice choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 1, 2012

BREAKFAST

MANAGER'S CHOICE

Juice choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 2, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

THURSDAY, MAY 3, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, MAY 4, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

Meat – 2 oz. Servings – Vegetables & Fruit – ¾ Cup Servings – Bread – 2 Servings – Milk – 8 oz. Servings

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½ cup Canned Fruit or Fresh Fruit Choice
Cereal Offered Daily
Cold Milk Choice

MONDAY, MAY 7, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 8, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 9, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

THURSDAY, MAY 10, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, MAY 11, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

Meat – 2 oz. Servings – Vegetables & Fruit – ¾ Cup Servings – Bread – 2 Servings – Milk – 8 oz. Servings

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THESE ITEMS ARE SERVED AND OFFERED AS PART OF THE LUNCH MENU DAILY

½ cup Canned Fruit or Fresh Fruit Choice

Cereal Offered Daily

Cold Milk Choice

MONDAY, MAY 14, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 15, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 16, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice or Milk Choice

LUNCH

MANAGER'S CHOICE



Meat – 2 oz. Servings – Vegetables
& Fruit – ¾ Cup Servings – Bread –
2 Servings – Milk – 8 oz. Servings

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