

EAST CHESTER, JACKS CREEK, WEST CHESTER & HEADSTART MENUS

MONDAY, APRIL 9, 2012

Salad with Low fat Dressing Offered Daily

BREAKFAST

Ham & Biscuit/Jelly - Cereal Choice
Juice Choice & Milk Choice

LUNCH

Chicken Rings or Breaded Beef Patty/White Gravy
½ Cup Mashed Potatoes – ¼ Cup Green Peas
Hot Rolls
½ Cup Pineapple
Cold Milk Choice

TUESDAY, APRIL 10, 2012

BREAKFAST

Breakfast Pizza or Cereal & Cheese Toast
Juice Choice & Milk Choice

LUNCH

Spaghetti/Meat Sauce or Hotdog/Bun
½ Cup Tiny Whole Potatoes – ½ Cup Green Beans - ¼ Cup Coleslaw
Texas Toast
½ Cup Mixed Fruit or Fresh Fruit Choice
Cold Milk Choice

WEDNESDAY, APRIL 11, 2012

BREAKFAST

Sausage & Biscuit/Jelly or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Cheeseburgers/Bun or Manager's Choice
3 Tiny Tri Taters – ½ Cup Corn
Orange Wedges
Pudding Cup/Vanilla Wafers/White Top Hat
Cold Milk Choice

THURSDAY, APRIL 12, 2012

BREAKFAST

French Twist & Cereal Choice or Breakfast Bites/Syrup
Juice Choice & Milk Choice

LUNCH

*MAKIN` MUSIC East Chester 3rd Grade
West Chester 3rd Grade*

Sack Lunch- Manager's Choice

FRIDAY, APRIL 13, 2012

BREAKFAST

Maple Snack`N Waffle or Cereal & Muffin
Juice Choice & Milk Choice

LUNCH

Pizza or Hot Ham and Cheese/Bun
Baked Krinkle Kut Fries – ½ Cup California Blend
½ Cup Strawberries or Fresh Fruit Choice
Cold Milk Choice

MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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EAST CHESTER, JACKS CREEK, WEST CHESTER & HEADSTART MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, APRIL 16, 2012

BREAKFAST

Sausage, Biscuit, Gravy or Cereal
Juice Choice & Milk Choice

LUNCH

Chicken Nuggets – Chili Cheese MaxWrap
½ Cup Mashed Potatoes – ½ Cup Green Beans
Whole Grain Roll
½ Cup Strawberries
Cold Milk Choice

TUESDAY, APRIL 17, 2012

BREAKFAST

Breakfast Pizza or Cereal & Poptart
Juice Choice & Milk Choice

LUNCH

Manager's Choice

WEDNESDAY, APRIL 18, 2012

BREAKFAST

Chicken & Biscuit/ Jelly or Cereal Choice
Juice Choice & Milk Choice

LUNCH

Chicken Patty/Bun or Turkey & Cheese Sandwich
½ Cup French Fries – ½ Cup Baked Beans - Trimmings
½ Orange
1oz. Chocolate Chip Cookie
Cold Milk Choice

THURSDAY, APRIL 19, 2012

BREAKFAST

Mini Pancakes (8)/Syrup or Cereal & French Twist
Juice Choice & Milk Choice

LUNCH

Taco/Choice of Shells/Trimmings or Hotdog/Bun
½ cup Batter Bites – ½ Cup Pinto Beans – ½ Cup Baked Apples
½ Cup Peaches or Fresh Fruit Choice
Cold Milk Choice

FRIDAY, APRIL 20, 2012

BREAKFAST

Manager's Choice

Juice Choice & Milk Choice

LUNCH

Pizza or Tuna Sandwich
½ Cup Steamed Broccoli/Cheese – ½ cup Potato Tots
½ Cup Pineapple Chunks or Fresh Fruit Choice
Cold Milk Choice

MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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Salad with Low fat Dressing Offered Daily

MONDAY, APRIL 23, 2012

BREAKFAST

Sausage, Biscuit & Gravy - Cereal
Juice Choice & Milk Choice

LUNCH

Popcorn Chicken – Corndog
½ Cup Mashed Potatoes – ½ Cup Green Peas –
Whole Grain Rolls
½ Cup Mixed Fruit
Cold Milk Choice

TUESDAY, APRIL 24, 2012

BREAKFAST

Breakfast Pizza – Cereal/Poptart
Juice Choice & Milk Choice

LUNCH

Baked Lemon Pepper Chicken or Manager's Choice
½ Cup Macaroni and Cheese – ½ Cup Green Beans
Hot Rolls
½ Cup Pineapple Chunks
Cold Milk Choice

WEDNESDAY, APRIL 25, 2012

BREAKFAST

3 French Toast Sticks/Syrup – Cereal & Toast /Jelly
Juice Choice & Milk Choice

LUNCH

Manager's Choice

THURSDAY, APRIL 26, 2012

BREAKFAST

Chicken & Biscuit/Jelly – Cereal/Toast
Juice Choice & Milk Choice

LUNCH

Taco Soup/Tortilla Scoops – Ham & Cheese Sandwich
3 Tiny Tri Taters – ¼ Cup Baby Carrots/Ranch Dip & 2 Pickle Spears
Shredded Cheese Cup
½ Orange - 4 oz. Juice Choice
Cold Milk Choice

FRIDAY, APRIL 27, 2012

BREAKFAST

Manager's Choice

Juice Choice & Milk Choice

LUNCH

Pizza or Tuna Plate
4 oz. French Fries – ½ Cup California Blend
½ Cup Canned Fruit or Fresh Fruit Choice
Cold Milk Choice

MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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MONDAY, APRIL 30, 2012

BREAKFAST

Sausage/Biscuit/Jelly – Cereal/Poptart
Juice Choice & Milk Choice

LUNCH

Chicken Tenders – Corndog
½ Cup Green Peas – ½ cup Mashed Potatoes
Whole Grain Rolls
½ Cup Peaches
Cold Milk Choice

TUESDAY, MAY 1, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 2, 2012

BREAKFAST

3 Chicken Nuggets/Biscuit/Jelly – Cereal/Toast & Jelly
Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

THURSDAY, MAY 3, 2012

BREAKFAST

Breakfast Pizza – Cereal/Poptart
Juice Choice & Milk Choice

LUNCH

East Chester 1st Grade Going to Falcon Ridge

MANAGER'S CHOICE

FRIDAY, MAY 4, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE SACK LUNCH

East Chester Field Day

Jacks Creek Career Day

MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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EAST CHESTER, JACKS CREEK, WEST CHESTER & HEADSTART MENUS

MONDAY, MAY 7, 2012

Salad with Low fat Dressing Offered Daily

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 8, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 9, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

West Chester 3rd Grade Mother's Day Luncheon. Menus will be sent home by students.

THURSDAY, MAY 10, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

FRIDAY, MAY 11, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

Jacks Creek Field Day

West Chester Field Day

MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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EAST CHESTER, JACKS CREEK, WEST CHESTER & HEADSTART MENUS

Salad with Low fat Dressing Offered Daily

MONDAY, MAY 14, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

TUESDAY, MAY 15, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE

WEDNESDAY, MAY 16, 2012

BREAKFAST

MANAGER'S CHOICE

Juice Choice & Milk Choice

LUNCH

MANAGER'S CHOICE



MEAT- 2 OZ. SERVINGS – FRUIT & VEGETABLES – ½ CUP SERVINGS – BREAD – 2 SERVINGS – MILK - 8 OZ.

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